



**Tyneside Vagabonds CC**  
**67<sup>th</sup> Mountain Time Trial**  
**23<sup>rd</sup> May 2021**



Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

This is a Northumberland & Durham Cycling Association BAR Event

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**Timekeepers** Peter Schultz, Frances Schultz, Ray Luckett, Sharon Dyson

**Event HQ** Belsay School Hall, [Map of Belsay School](#)

Belsay School Hall will be open from 9am. There is very limited parking at the school – additional parking is available in the lay-by near the start and surrounding lanes (Please respect access to houses).

- When entering the HQ there will be a one-way system.
- You **must** wear a mask inside and maintain social distancing.
- Toilets will be available on a one in / one out basis.

**Signing on and off**

- **Bring your own pen to sign on.**
- You will be issued with a reusable number – please return it to the HQ and place it in the bucket of disinfectant provided.
- It is compulsory for all riders to sign on AND sign back out again after your ride. Do not forget to sign back out or you will be disqualified from the event.

**M47 course summary** <https://www.cyclingtimetrials.org.uk/race-details/21826>

Start at Belsay on unclassified road 200 yds North of junction with the A696 and B6524. Proceed north on unclassified road via Bolam Lake to junction with B6343 (6.4 miles). Turn left to Scots Gap then first right \* (Riders take CARE) onto unclassified road to Rothley Crossroads (9.0 miles), and straight ahead to Ewesley Station, Coldrife, Forestburn Gate, Garleigh Summit (15.2m) and descend to Rothbury (17.6m). Bear left immediately after the bridge, past Rothbury church, and left again to Thropton. Bear left down bank to Flotterton at the end of village and bear left to Hepple (23.2m). Continue straight ahead to Bilsmoor timed climb. Proceed to Elsdon (29.2m) and turn left at the end of the village to climb the Gibbet (1:6 or 1:7). Proceed to Harwood Gate House (35.4m) and turn right \* onto B6342 for 1.5m where turn right \* and proceed to Knowesgate (38.5m). Turn onto the A696 towards Belsay. Half a mile north of Belsay take the slip road to the left and finish (47miles).

**Safety notes:**

- **Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users.**
- **No U-turns to be made in the vicinity of the timekeeper.**
- **No dismounting in the finishing area.**

## **Riders:**

**Take extra care at T-junctions, right hand turns, on several steep descents with bends, and through built-up areas.**

## **Additional Information**

**Road surface conditions will be assessed periodically, and the current points should be taken in consideration by riders:**

- 1. From Middleton Farm - From approach to farm through to Scots Gap Junction B6343, surface POOR to BAD. Potholes, deteriorated patching and loose surface on the racing line.**

**ALL RIDERS ARE REMINDED OF THEIR RESPONSIBILITY FOR “HEADS UP” RIDING AT ALL TIMES TO BE AWARE OF HAZARDS.**

- Note NE District Regulation re. Right Hand Turns (marked \* in Course Details). Riders shall not cut corners at right-hand turn junctions on courses i.e. they must observe road markings and not move to the right-hand side of the road being turned out of or in to. Any rider reported not following this District Regulation shall automatically be disqualified from the event. Organisers of events on courses with righthand turns shall instruct marshals on any corner affected by this local regulation to record the race number(s) of rider(s) in breach of the regulation.

NOTE – Disqualified riders may appeal to the NE District Committee against their disqualification. Such appeals will normally take the form of a Disciplinary Hearing for a breach of Regulation 20(a).

## **Warming up**

- Do not warm up on the course once the event has started.
- No turbos or rollers to be used. All warm-ups should be done on the road.

## **Additional Covid-19 safety information – Riders please read carefully**

- Competitors should not attend if they feel ill in ANY way or if family members have any symptoms associated with Covid-19.
- An elevated resting heart rate or exceptionally quick to react heart rate during warmup can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warm-up.
- NO SUPPORT can be provided if a Competitor suffers mechanical difficulties during the event. It is strongly advised that all competitors carry with them a spare inner tube / tubular, pump and tyre levers if required.
- It is strongly advised that all Competitors carry a mobile phone and take with them the telephone number of the event organiser. Please telephone the organiser on 07956 266183 if you have failed to finish the event.
- Riders MUST NOT gather in any way regardless of current guidelines in the car parks, sign-on area or elsewhere.
- Competitors on finishing MUST NOT stop at the finish line and MUST NOT loiter at the sign-on / car parks and MUST pack away and leave immediately upon completion of the race.
- Please keep away from the start area during pre-race warm-up and do not report to the start line any earlier than 4 minutes before your designated start time. Adhere to the 2-metre social distancing rule and take direction from the start marshal.
- NO CLOTHING TO BE LEFT ON START LINE – REPORT TO THE START LINE APPROPRIATELY DRESSED, READY TO RACE.

- The start line is only 0.5 miles away from HQ.
- Numbers to be secured to the body with safety pins (as opposed to a tri-belt). You'll need to bring your own safety pins.
- Riders will need to self-start, with one foot on the ground.
- DRAFTING – SOCIAL DISTANCING: If you catch up with another rider during your race, try to pass as quickly as possible and under no circumstances ride close behind so as to take shelter from the wind.

### **Additional Rider Information**

- Riders should be familiar with <https://www.cyclingtimetrials.org.uk/articles/view/11>
- Riders should familiarise themselves with the route in advance of the race.
- CTT and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. This is compulsory for junior competitors.
- Junior riders should bring their completed Parental Consent form in order to be allowed to ride.
- Remember, no **rear working light** (flashing or constant) NO RIDE.
- For CTT events, riders must have their upper arm covered – i.e. No tri-suits.
- All riders are reminded of their responsibility for '**Heads Up**' riding at all times.
- Ensure that your number is placed in accordance with CCT regulations (see link above).
- No U-turns in the vicinity of the timekeeper and no dismounting in the finishing area.
- Please shout your number as you cross the finish line.

## Results & Prizes

Provisional results are likely to be available from the N&DC Facebook page as soon as possible after the event. Official results will be on the CCT website and emailed to all competitors once formalised.

Owing to Covid restrictions there will be no presentation or food available. We will contact prize winners as soon as possible once the results have been verified.

### Trophies

Fastest Time	Marion Bunton Trophy
Fastest Female	Dorothy Dent Trophy
Fastest Junior	Ian Vaughan Trophy
Fastest Vet on Standard	J. K. Marshall Trophy
Fastest Ascent of Bilsmoor (Male)	Russell Thompson Trophy
Fastest Ascent of Bilsmoor (Female)	Ron Steele Trophy

### Overall

First	£50
Second	£40
Third	£30
Fourth	£25
Fifth	£20

### Category Awards

B	£20
C	£20
D	£20
E	£20
Road Bike	£20

### Female

First	£50
Second	£30
Third	£20

### Teams of 3 (each)

First	£25
Second	£20
Third	£15

### Age Categories

Male 40-49	£20
Male 50-59	£20
Male 60-69	£20
Male 70-79	£20
Male 80+	£20
Female 40-49	£20
Male Juvenile / Junior	£20
Female Juvenile / Junior	£20

### Bilsmoor Climb

Fastest Male	£20
Fastest Female	£20

Thanks to our sponsors Ian and Tina Sutton.

One prize per rider, except for Ascent of Bilsmoor and Team prizes.

To enter the **Road Bike Category** you must inform the number steward at signing on and complete the BAR signing on sheet. The rules to be applied are the N&DCA roadman rules.

**Category Awards** – awarded for the fastest time by a rider in each category in the Spindata ranking – see [spindata.co.uk](http://spindata.co.uk).